



NISHAT  
Welfare Organization

www.nishatwelfare.org

# Eye-Care



info@nishatwelfare.org

## NWO FREE EYE CAMP

### 9<sup>th</sup> January, 2010

Distt. Hospital, Badin, Sindh, Pakistan.

### REPORT



NWO Health  
Programme

Page **2**



NWO Community  
Development  
Programme



NWO Education  
Programme

Page **1**

About NWO



"I am able to distinguish colors now"  
Says Bachlan after her eye operation

Page **3**

Page **6**

### JOIN US

and share joy  
with many  
waiting for your  
attention





## About NWO

*Looking ahead to serve humanity...*



Founded in September 1983, the Nishat Welfare Organization (NWO) is a non-political and non-governmental organization working purely on non-profit basis. It focuses on quality education, health and community development.

NWO was registered with Social Welfare Department, Government of Sindh, Hyderabad in 2007 under registration number:

Reg. No. DO-SW, CDD(H)/VA-794 of 2007



### Vision

NWO has embraced the concept of human sense for well being of the people. This vision forms the basis for an overall framework of profound reforms for sustainable development in social, cultural and economic fields.

### Mission

NWO has the mission to achieve individual and organizational excellence through meaningful development at local as well as national level.

### Aims & Objectives

- ✓ To address social, cultural and economic problems of the communities to contribute towards national development.
- ✓ To facilitate in provision of basic civic amenities, such as micro-financing, education, health, environment, agriculture, communication, employment, water supply and sanitation, etc.
- ✓ To alleviate poverty with emphasis on uplift of socio-economic conditions of women, children and the helpless. Also, providing legal support to them in every walk of life.
- ✓ To strengthen and enhance the capacity and efficiency of the existing institutions (public & private) by developing a sense of self-help and collaborate with them to improve the quality of life in general.

## Contact Us

### Mail us on

E-6, Mezzanine Floor,  
Agriculture Complex, Thandi Sarak,  
Hyderabad-71000, Pakistan

call us on +92.22.2920617

email us on info@nishatwelfare.org

visit our website www.nishatwelfare.org

# NWO Programmes

Our ultimate goal remains the prosperity of the people by making available resources for a better life. We are targeting those who are underprivileged and unable to bring about a change in their life because of a lack of facilities. However, in a society wrought with famine, unemployment, diseases and social and psychological insecurity, accomplishing this goal is no overnight task. It requires devotion, dedication and an all-manner discipline to realize this dream. It needs resources-both material and human but above all it takes something more... innovation.

So, as daunting as the task may seem, we are just as willing to accept it. Not because it makes us noble, but because it is our duty to help a fellow human being. Herein lies the blessing.

The NWO identifies three main areas to be addressed to achieve this goal: health, education and social development.

Therefore, to pursue these objectives more effectively NWO is conveniently divided into three branches dealing with the mentioned affairs.

## NWO Health Programme

About 19% of the population is malnourished - a higher rate than the 17% average for developing countries. In those, 30% of children under the age five are malnourished. The leading causes of sickness and death include gastroenteritis, tuberculosis and other respiratory infections, congenital abnormalities, malaria and typhoid fever.



NWO works on following strategy to cater above mentioned issues:

### Health Awareness and Facilitation:

- ✓ Health awareness through organizing workshops, seminars and other health awareness programmes.
- ✓ Establishing centers for health treatment, education and training programmes.
- ✓ Participating in various precautionary campaigns.

**Achievements in this ground, the NWO has facilitated treatment to over 3000 patients through organizing free medical, skin and eye camps in a short span of time.**

## NWO Education Programme

NWO pursues one goal—100% literacy rate. We want to ensure not only a 100% school enrollment but have also embarked on an ambitious adult education programme. It also brings an element of skills development, enabling a person to become a useful member of the society and contributing towards bringing about a positive change in the quality of life.



Here, the NWO is working with following approach:

### Education for all:

- ✓ Focusing primary education for attaining 100% enrollment of children up to the age of 10 years in the targeted areas.
- ✓ Promoting adult literacy and technical education for capacity building.

### Capacity Building of the existing institutions:

- ✓ Adopting schools which lack quality education facilities.
- ✓ Strengthening of SMCs (School Management Committees).

**NWO, in collaboration with Sindh Education Foundation (SEF), has taken 6 schools in District Badin, Sindh, Pakistan in the initial phase of the School Adoption Programme.**

## NWO Community Development Programme

In present scenario, the world has changed into a global village, the world has changed from modernism to post modernism; information technology has further reduced the distance. The role of community participation has enhanced the sustainability aspects of projects. It is need of the time to unite the community and aware them with their basic rights so as every person of the society shall enjoy their human rights.

61% of the population of Pakistan lives in more than 50,000 villages where the literacy is below 10% and main occupation is agriculture. Lack of clean drinking water, improper sanitation, human injustice, prevailing poverty etc. are dominating the community and creating major hindrances in the development.

NWO focuses on the root causes by innovative and participatory approach. We have developed the strategy for uplifting the deprived social atmosphere and neglected people of the community.

**Nishat Cooperative Housing Society Hyderabad (NCHSH) is the first step towards the community welfare goal achievement. NWO develops this society on no-profit basis where international living standards will be provided. NWO also plans for 3rd Community Demography Survey in March 2010 - because a study of demography provides the necessary tools for planning social, economic, community services at the national and sub-national levels.**

A two-pronged strategy is adopted here:

### Socio-economic Development through community participation by:

- ✓ Helping in formation of Community Development Organizations (CDOs) at local level to identify, plan and implement small infrastructure projects.
- ✓ Training of community members and CDOs in participatory, vocational and other skills development.

### Capacity Building of existing amenities:

- ✓ Help improve their capacity, efficiency and effectiveness
- ✓ Community Mobilization





## FREE EYE CAMP

### 9<sup>th</sup> January, 2010

Distt. Hospital, Badin, Sindh, Pakistan.

Regaining the ability to witness the beauty of nature has always been utmost desire of a man. Bringing eye-site back to marginalized and hopeless people of rural areas of Sindh province of Pakistan and winning happiness for them was a pleasant and superior experience. Their dream of seeing things clearly and neatly came true through the efforts NWO took, and of course, the helping hand extended by LRBT(Layton Rahmatullah Benevolent Trust) and donation served by Hazrat Sultan Aulya Founcaion, Jamaat Luari Sharif.



Bachlan is one of those many living in poor health conditions in isolated areas of Sindh, Pakistan where treatment is unaffordable or out of reach.

It was another milestone achieved by a dedicated team of NWO members under NWO Health Programme.

Volunteers from Najia Shagird Tanzeem (both boys and girls wings), Managing Committee Jamaat Luari Sharif, and district government Badin also played role on their part and shared responsibilities in the arrangement of the camp.

District Hospital, Badin facilitated the camp with logistics support.

NWO Health Programme aims at providing high quality health services to patients of marginalized rural areas of Pakistan. Through this programme, NWO has provided relief to over 3000 patients of different ailments, covering eye diseases, skin diseases and various general illnesses in a very short span of just 2 years. The deprived and overlooked residents of District Badin in regards to health and education, immensely need an eye of philanthropy. Realizing the fear and desperation of locals, NWO has put in serious efforts to eradicate the increasing menace of poor health conditions.

NWO organized a one-day free eye camp on January 9, 2010. Not only was every patient diagnosed, treated and provided with medication, but they were also operated upon, free of cost. People of all ages, including women, children and men benefited from this camp. Children were able to see their mothers clearly and vision was restored to jobless youths, thus enabling them to become earning members of their families. The elderly were helped to live happily and independently.

### “Yes I can see clearly now. Thanks God!”

In the camp we helped to retrieve the colors of life! “Yes, I can see clearly now,” this was the spontaneous response of a 65 year old Bachlan whose vision was restored after a successful operation. Bachlan belongs to an isolated area of District Badin where eye-related diseases are on the rise with the basic health amenities unavailable in the immediate vicinity. Bachlan's family, being poor was unable to bear the expenses of the surgery at any hospital in the nearby town of Badin. Having a dim hope of restoring her sight, Bachlan hearing the announcement of Free Eye Camp came here on January 9, 2010.

A team of expert doctors diagnosed Bachlan with cataract. The team conducted a successful operation and vision was restored in her right eye.





## FREE EYE CAMP

Distt. Hospital, Badin, Sindh, Pakistan.

Over 450 other patients turned up, amongst which the majority was of elderly people like Bachlan. Eye disorder among elderly is a major health problem. With advancing age, the normal function of eye tissues decrease, increasing the incidence of ocular pathology.

The most common causes of eye impairment found in the camp included *presbyopia, cataracts, renitis pigmentosa, retinopathy, age related macular degeneration, primary open angle glaucoma and diabetic retinopathy.*

Eye specialists performed 70 surgeries (resulting in a 100% success rate), from minor to major, including *Phacoemulsification (stitch-less surgery) for cataract, iLasik for removal of glasses, Corneal Transplantation, Vitreo Retinal surgery, Squint surgery and Glaucoma surgery.*

NWO also facilitated patients who did not require any surgery with provision of free of cost eye drops, creams and other medicine.

The most advanced diagnostic and therapeutic instruments in eye care were used. Dr. Nasir Hussain Ansar and Dr. Mamtaz Memon from LRBT (Layton Rahmatulla Benevolent Trust) rendered their highly skilled expertise in helping patients through superior eye treatment.

In this camp, hundreds of patients from various areas of District Badin availed free facilities of eye checkups and surgeries. The patients were from Luari Sharif, Tarai, Talhar, Ghotki etc.

Mr. Sikandar Ali Mandhro, MPA, Sindh Assembly, inaugurated the camp while Mr. Sikandar Khan Jamali, General Manager Estate of Luari Sharif was the guest of honour, who presented a donation of Rs. 75,000 for the camp from Pir Muhamamd Sadiq, Pir of Luari Sharif. Other dignitaries of the local community also participated in the opening ceremony of the camp.

In providing first class eye screening, medication and surgical facilities to the poor and needy of the area, the NWO also gathered required data regarding common diseases prevailing in the targeted population.

LRBT Tando Bhago stood shoulder to shoulder with NWO by providing technical support, through eye specialists, nurses and paramedic staff. Operational expense of this camp was completely borne by NWO.



Mr. Sikandar Ali Mandhro inaugurates the camp along with Mr. Sikandar Ali Jamali on his left.



Mr. Sikandar Ali Jamali announces donation of Rs.75000/- for the camp.



Patient registration desk



Team of doctors and paramedic staff from LRBT and volunteers from NWO



NWO Volunteers helped organize the camp

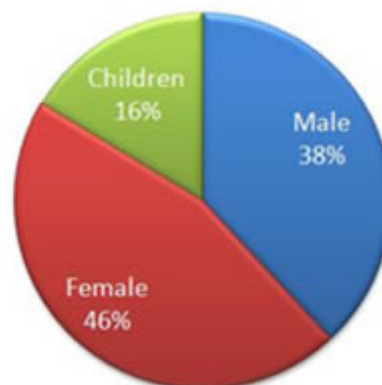


A patient being treated in the camp

## Eye Camp Statistics

### Patients Ratio

Male	Female	Children
177	212	76



statistics continue...



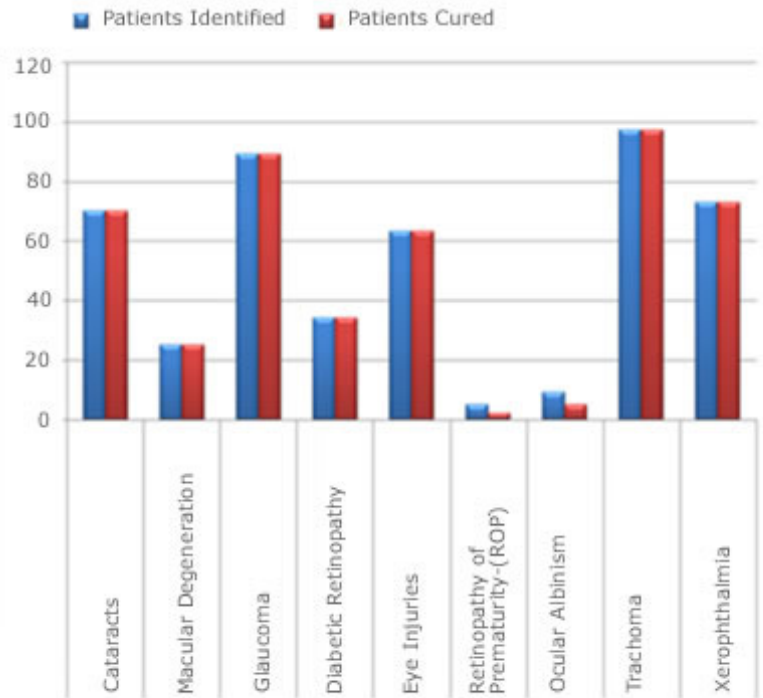
## FREE EYE CAMP

Distt. Hospital, Badin, Sindh, Pakistan.

## Eye Camp Statistics

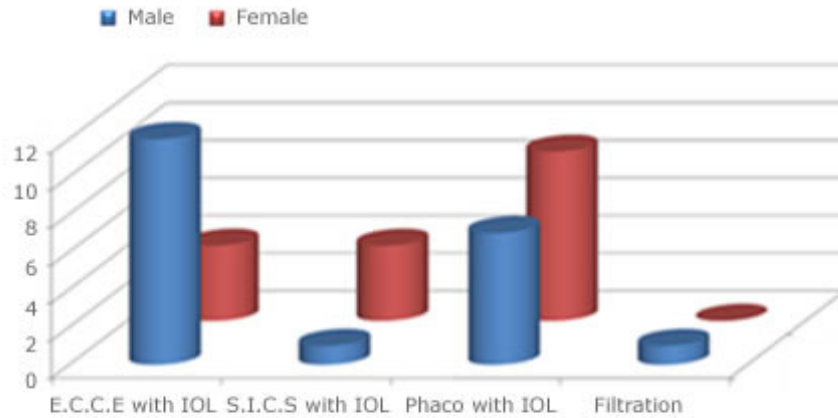
### Eye Diseases Ratio

Disease	Patients Identified	Patients Treated
Cataracts	70	70
Macular Degeneration	25	25
Glaucoma	89	89
Diabetic Retinopathy	34	34
Eye Injuries	63	63
Retinopathy of Prematurity-(ROP)	5	2
Ocular Albinism	9	5
Trachoma	97	97
Xerophthalmia	73	73
<b>Total</b>	<b>465</b>	<b>458</b>



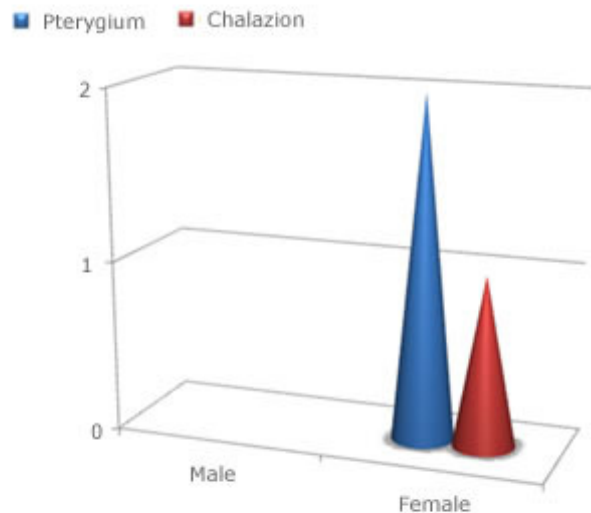
### Major Surgeries

Surgery Type	Male	Female	Total
E.C.C.E with IOL	12	4	16
S.I.C.S with IOL	1	4	5
Phaco with IOL	7	9	16
Filtration	1	0	1



### Minor Surgeries

Surgery Type	Male	Female	Total
Pterygium	0	2	2
Chalazion	0	1	1





# JOIN US

Get Involved - Make a difference right now.



Basic health care with best available facilities are very rare at the national or international level especially in deprived areas like Badin District of Sindh, Pakistan. Thousands of patients have been medically examined and have been cured successfully through efforts NWO has taken under its NWO Health Programme.

We welcome every "drop" of voluntary service to swell into a "wave" which will bring about meaningful change throughout the world. There are many opportunities for involvement, regardless of what you do. NWO welcomes you to join us to promote social and economic development, quality education and improve poor health conditions in the areas where even basic living amenities are not available or unreachable to marginalized ones.

*Oh God,  
I don't need anything for myself but my younger sister likes the color books and my brother doesn't have toys to play with. And my mother has no money to buy her medicines.  
Please Help!  
Nayish*



*Together we will help them*



Their life can be revolutionized by your just one step forward with us. Your encouragement is the source of our success and the blessing for them. Make a difference and act:

- Become a Project Partner by sharing a small part of project input.
- Giving In-kind products is a biggest help, you can gift any product which can help improve the quality of life.
- Partner with NWO Education Programme on monthly basis and help to provide quality education to those who have desire to study and can't.
- Join us on Facebook, Twitter or Flickr and share your ideas and promote our cause.
- Mobilize your surrounding community to adopt participatory approach.
- Spare your time and be a volunteer in various development activities of NOW.

You can donate in cash and/or kind at your nearest NWO center or deposite your donations directly in NWO's bank account or mail a cheque on NWO head office address. Bank account detail and NWO head office address is given blow:



Mailing Address  
E-6, Mezzanine Floor, Agriculture Complex,  
Thandi Sarak, Hyderabad-71000 - Pakistan  
Phone: +92.22.2920617  
Email: [info@nishatwelfare.org](mailto:info@nishatwelfare.org)



Account Number: Bank AC 010-3141-8  
Account Title: Nishat Welfare Organization (NWO)  
Bank: UBL, Quaid-Azam Road, Branch Hyderabad.